


SKIP INTO SPRING



In aid of
**The Children &
Young People's
Cancer Association**

Complete 100 skips a day throughout May (or 3,100 skips in total) and help fund vital research into childhood and teenage cancers.


Use this wall chart to log your daily skips as you complete them. Print out or save to your phone and mark each day with the amount of skips completed. Make sure to share your photos and videos on social media using #SkipIntoSpring

1 

2

3

Ready, set, skip!

4 

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10

Don't forget to share your photos & videos!


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You're half way there!


18 

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24

Not much further...

Don't forget to share your photos & videos!




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YOU DID IT!

Amazing job! Share with everyone how you got on!

